



**Club Gold West**

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V o l l e y b a l l

**2020-21**

**Handbook**

## CONTACT INFORMATION

**General Website:** <http://www.clubgoldwest.com> **Email address:** [clubgoldwest@gmail.com](mailto:clubgoldwest@gmail.com)

**Facebook group:** Club Gold West Volleyball

### Board of Directors

**Elizabeth Zicha** – Director

Email: [ezicha@outlook.com](mailto:ezicha@outlook.com)

**IMPORTANT NOTE REGARDING ALL CORRESPONDENCE:** Please remember to state **player's name and team** on all correspondence.

**Holiday Office Hours** Club Offices will be closed on the following dates:

Dec. 16-Jan 1 New Years

## FEES & PAY SCHEDULE

### 13-18's Schedule

**Nov 15 (13-14) Dec 6 (16-18)- \$200 *deposit*, \$52 *updated OVR membership*, \$85 *uniform*** (varies for what you are ordering)

**Jan 10-*Optional Sportswear*** – order form on clubgoldwest.com only; payment online only **DO NOT GIVE COACHES ORDER OR MONEY**

**Feb 1 \$150 *CGW fee***

**March 1 \$125 *CGW fee***

### 12's Schedule

**Dec 6- \$52 *updated OVR membership*,**

**Dec 6- \$38 *uniform***

**Jan 1 - \$100 *CGW fee***

**Jan 10-*Optional Sportswear*** – order form on clubgoldwest.com only; payment online only **DO NOT GIVE COACHES ORDER OR MONEY**

**Feb 1 \$80 2 tournament fee**

**Annual Fees for 2020-21** Total fees for the 2020-21 Season are Club fees of \$475 plus the OVR membership of \$62 plus the uniform order of \$85.

**Payments Cash, Check, or Paypal.**

Club payments made by check can be made payable to “Club Gold West” and mailed to Elizabeth Zicha, 50B Shadyside Dr, New Concord, Ohio 43762. ***Please write the player's name and team in the memo.*** Also, allow 2-4 days for delivery time.

Club payments made by cash will be accepted **at practice to Coach Zicha**. Please place payment in an envelope with the player's name, team, and fee payment on the outside of the envelope before submitting.

Please note that coaches are **NOT** authorized to accept payments. A \$10 late fee will be added to all payments that are not received by the 5th of the month.

**All fees must be paid by March 1st.** Players will not be allowed to participate in practice or tournaments if this obligation is not met.

**Billing** We will not send bills by mail/email, but ask that you follow the previously provided payment schedule. Each player will have a secure account on our website (clubgoldwest.com) where they can view their payments and balances. Additional reminders will be sent through REMIND and our Facebook group.

## **Social Media & E-Communications**

Club Gold West recognizes the prevalence of electronic communication and social media in today's world. Many of our players use these means as their primary method of communication. While the Club acknowledges the value of these methods of communication, the Club also realizes that there are associated risks that must be considered.

All communications between a coach or other adult and an athlete must be professional in nature and for the purpose of communicating information about team activities. **The content and intent of all electronic communications must adhere to the USA Volleyball Code of Conduct regarding Athlete Protection.** A coach should not accept any “friend” request from any athlete. In addition, the coach should remind the athlete that this is not permitted.

Players should exercise sound judgment and common sense when posting to social media. All posts should be respectful to their Club, coaches, teammates as well as other clubs and players. When in doubt, don't post.

**Pictures & Media** Pictures taken at tournaments can be emailed to [clubgoldwest@gmail.com](mailto:clubgoldwest@gmail.com) for posting on our

Facebook page or website. If you object to any image posted, please contact us and we will have it removed.

**Official Club Facebook Page** The club has a Facebook group that athletes and parents can “join” for information and updates on team-related matters. Practice cancellations will be posted on Facebook along with important information concerning deadlines for payments.

## CONTRACTS & FORMS

**Player/Parent Contact** This form should be turned in at the player/parent meetings.

## UNIFORMS & SPORTSWEAR

### Uniform Orders

All uniform order forms must be turned in by the player/parent meeting and can be paid for only by cash, check, or paypal at this time. (Checks should be made payable to **Club Gold West**. No credit cards will be accepted.)

Any questions about sizing can be taken care of at this time. All uniforms must be paid before the order is submitted.

Uniform numbers will be selected for each player on a seniority basis.

If you are unable to attend the player/parent meeting, checks can be mailed to Elizabeth Zicha, 50B Shadyside Dr, New Concord, Ohio 43762.

### Sportswear Orders

Sportswear purchases are optional. All sportswear orders are due by January 10, 2020. All orders will be placed online (clubgoldwest.com resource tab), payment mailed to vendors, and delivered at practice.

## PRACTICE & TOURNAMENTS

**Practices** Due to limited space, all practices will be closed.

Players are expected to attend all practices except in the case of conflict with school related activities or sickness. Practice will be held twice a week during the season. Teams will practice on Tuesdays and Sundays at Dover Middle School gym beginning on February 7th and 12 Gold December 6st. Open Gyms begin on December 6th for all players. These open gyms will be held on Sundays from 4-6pm (12/13/14) and 6-8pm (15-18) at Dover Middle School.

Practice locations:

Dover Middle School (DMS) 2131 N Wooster Ave Dover, Ohio 44622

**Attendance:** We do ask that our players make a commitment to attend practices but we do understand that they may have conflicts with school related activities. Many of our practices are later in the evening after school activities. It is important that players participating in other sports/activities manage their time concerning schoolwork and activities. **Our coaches cannot train their players if they are constantly missing practice.** If you are unable to make 75% of practices, you might want to rethink your commitment to the club.

**Coaching:** We use a group approach to coaching which means that **your child may have different coaches instructing** depending on the skill or concept being taught. Our goal is to give each player the best instruction available. **We ask that players treat each coach with the same courtesy they would give their team coach.**

**Practice Cancellation Policy** It may be necessary to cancel practices due to weather conditions. We are unable to judge weather conditions in all areas we service so we ask that parents/players use their discretion on whether it is safe to attend. We do ask that you text your coach if it is a last minute decision, as they may be unable to get emails.

**Teams Notification:** Club Gold West will utilize a text message system. Parents, players, and anyone who may be providing transportation for athletes is encouraged to sign up.

Text to: 81010 Message: @cgw19-20

or <https://www.remind.com/join/cgw19-20>

**Tournaments** Most tournaments will start at 9:00AM but we ask everyone to check the OVR website for the tournament details as some will have an earlier start time than others. Players are asked to be dressed and ready to warm-up 30 minutes before their first match. Players are to bring all uniforms to every tournament. Tournament directions and information can be found on the OVR website: [www.ovr.org/index.php](http://www.ovr.org/index.php)

**Officiating:** This is the shared responsibility of the entire team. Each coach will determine a procedure for their team to follow for officiating assignments. All players are responsible for taking the officiating courses that can be found through the OVR website under Juniors/junior official training info. There is no cost but you will need your web point login. Every athlete is required to stay at the tournament until the entire team can leave.

**Play Time:** We do not guarantee equal playing time on any team or at any event. Our club philosophy is that what you pay for is instruction time during practices. Playing time for athletes is determined by performance, attendance, attitude, effort, the team's need at the moment and is left solely at the discretion of the Club Gold West coach. The coaching decision is not up for debate or question. Athletes are encouraged to ask what they can improve on to receive more playing time. Parents are asked to not approach coaches concerning coaching issues during

tournaments. If a parent has a confrontation with a coach during the tournament, the player may be released from the club with no refund of fees. If there is a problem you would like to discuss, you should make an appointment with the coach or director before or after a practice.

**Questions:** If you have any questions on the upcoming tournament, please ask them at practice. Do not wait till the last minute. Tournament info on the OVR site may be unavailable either the night before or the morning of and you may not be able to access it.

## **COVID-19 POLICY**

Due to COVID-19 pandemic the following regulations will be implemented:

1. All players must wear a mask upon entering the facility. They will remain masked during practice unless the team is doing an extensive cardio drill.
2. Players need to stay 6 feet apart and not congregate before or after practice.
3. The early practice group will end 10 minutes early in order to exit the facility prior to the second practice group entering. If you are in the second practice group you must remain in your car until the first group has left.
4. Each player should have their own personal water bottle. There is access to a bottle filler. If possible, they should also have their own hand sanitizer and personal towel if needed.
5. Players must keep their personal belongings 6 feet apart from others personal belongings.
6. No parents are permitted to enter the practice facility to help us maintain our social distancing. Please drop your child off and make sure they gain entrance to the building before leaving.

**PLAYERS/PARENTS SHOULD CHECK THEIR EMAIL/FACEBOOK/TEXTS BEFORE PRACTICES AND TOURNAMENTS FOR UPDATES.**